

# VFWA Department of NM

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Promotional # 7

*Happy Holidays*

Busy Busy Busy, during this time of the year!  
You have all your presents wrapped or cards sent.

**Now** it's time to visit Veterans at nursing homes or hospitals!  
Veterans might not have anyone that visits them during the holidays.  
They deserve to laugh and be merry all they want.  
After all, it is a Merry Christmas.

Have you heard of....

## **Veterans Voices Writing Project**

Every year a book is published of stories and poems written from Veterans. Sometimes Veterans can't speak of their experiences, but can open up, by writing about them. It helps them heal.

### **The VA needs their stories and poems.**

You can make a difference in a Veteran's life. Not only for the visit, but by listening. Have a notebook handy just in case, he or she likes to write stories or poems. To read stories, poems or donate go to: **U. S. Department of Veterans Affairs Office Research & Development.**